

Sylvia Baffour's Bio

Sylvia Baffour is a Professional Speaker, Trainer and Executive Coach based in Washington, D.C. She is the founder and President of Baffour International LLC, a company helping organizations peak perform with emotionally intelligent strategies.

HubSpot named her among the Top 15 female motivational speakers alongside the likes of Oprah Winfrey, Mel Robbins and Iyanla Vanzant. She is a thought leader in the fields of Emotional Intelligence and Leadership. She is the author of the newly released book, *I Dare You to Care*. A focus on using emotional intelligence skills to inspire, influence and achieve remarkable growth.

Sylvia is among the most sought-after speakers and professional development trainers. Her clients include Fortune 500 companies like Capital One, SAP, Wells Fargo, as well as agencies such as the World Bank, the Department of Transportation and the Department of Defense. She has lived in several countries around the world and speaks 5 languages. She was recently ranked among the top 18 speakers at the World Championship of Public Speaking held in Malaysia, where she competed against 35,000 contestants from 126 countries.