

## **Sylvia Baffour's Bio**

Sylvia Baffour is an Emotional Intelligence Coach, Professional Speaker and Trainer recently ranked by HubSpot among the Top 15 female motivational speakers alongside the likes of Oprah Winfrey and Mel Robbins.

Sylvia has traveled far and wide. She's visited more than 38 countries, lived in eight and speaks five languages. Her global experiences give her a unique perspective and ability to connect with diverse audiences around the world. In 2014, she ranked among the top 18 speakers at the World Championship of Public Speaking held in Malaysia, where she competed against 35,000 contestants from 126 countries.

For the past 19 years, Sylvia has leveraged tools and strategies from her Dare to Care™ Framework to help individuals and organizations build thriving work cultures with emotional intelligence. Clients who have benefitted from Sylvia's expertise include Whirlpool Inc., Lockheed Martin, Capital One, Doctors Without Borders, the World Bank and the Department of Defense to name a few.

She is the host of an emotional intelligence podcast show and is the author of ***I Dare You to Care***. A book focused on using emotional intelligence skills to inspire, influence and achieve remarkable growth.